

# LEONARD J. TYL MIDDLE SCHOOL


## MENU: MAY 2017

SWIPE Your ID CARD or PUSH IN YOUR I.D.# Pay or Prepay at [www.mypaymentsplus.com](http://www.mypaymentsplus.com)  
 BREAKFAST before class: student rate \$1.75 or \$0.30 Reduced Rate or Free

BREAKFAST MENU: Juice &/or Fruit with Bagel or Breakfast Bun or Cereal&Crackers w/Milk

Lunch:Take 3,4,5 foods:PROTEIN,GRAIN,MILK+at least 1 SERVING Vegetable &/or Fruit\*\*

State Certified Healthy Snacks&Drinks: Water Bottle,Juice,Frozen Treat or Snack Bag= \$1. Milk=\$.50 or ADULT MEAL\$4

STUDENT Meal: \$2.85 \$.40 reduced or free *Prepay or Pay Cashier.	DAILY: "Yogurt+" or MADE TO ORDER CHEF SALAD or WRAP MEAL				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>1 Mini Pancakes</b> <b>Scrambled Eggs</b> Potato Puffs Mango Juice, Fresh Veg. Strawberries Assorted low fat Milk	<b>2 BBQ Chicken on a Cibatta Roll</b> Cole Slaw Oven Fries Variety of Fruit Sorbet Assorted low fat Milk	<b>3 Meatball Grinder</b> Greenbeans Raw Veggies Potato Chips Variety of Fruit Assorted low fat Milk	<b>4 Chicken Fajita</b> Mexican Rice Refried Beans Lettuce & Tomato Applesauce Assorted low fat Milk	<b>5 Variety of Pizza</b> Hummus & Carrots Fresh Vegetable Choice of Fruit Assorted low fat Milk	
<b>8 French Toast Stix</b> <b>Fruited Yogurt</b> Hash Browns Cherry Juice, Fresh Veg. Strawberries Assorted low fat Milk	<b>9 Philly Cheese Steak on a Roll</b> Peppers & Onions Greenbeans Variety of Fruit Assorted low fat Milk	<b>10 Asian Chicken Broccoli Fried Rice</b> <b>Veg. Spring Roll</b> Fresh Veg., Fruit & Juice <b>Fortune Cookie</b> Assorted low fat Milk	<b>11 Nachos: Beef &amp; Cheese, Corn Muffin</b> Lettuce&Tomato Refried Beans, Fruit Frozen Fruit Sorbet Assorted low fat Milk	<b>12 Variety of Pizza</b> Carrot Coins Fresh Vegetable Choice of Fruit Assorted low fat Milk	
<b>15 EGG-SEPTIONAL Sandwich on a Cibatta Roll</b> Fresh Veggies Variety of Fruit Assorted low fat Milk	<b>16 Chicken Nuggets</b> Potato Tots Dinner Roll Roast Squash,Fresh Veg Variety of Fruit Assorted low fat Milk	<b>17 Mozz. Sticks Marinara Sauce</b> Whole Grain Bread Stick Broccoli, Fresh Veg. Variety of Fruit Assorted low fat Milk	<b>18 Beef or Chicken Burrito,Refried Beans</b> Lettuce & Tomato Variety of Fruit Assorted low fat Milk	<b>19 Variety of Pizza</b> Carrot Coins Fresh Vegetable Lime Sorbet Assorted low fat Milk	
<b>22 Mac &amp; Cheese</b> Steamed Broccoli Fresh Veggies Variety of Fruit Assorted low fat Milk	<b>23Popcorn Chicken &amp;Mashed Potato Bowl</b> Golden Corn Fresh Vegetable Variety of Fruit Assorted low fat Milk	<b>24Burger +/-Cheese Whole Grain Roll</b> Baked Beans, Chips Cole Slaw, Raw Veggies Variety of Fruit Sorbet Assorted low fat Milk	<b>25 Variety of Pizza</b> Mixed Greens Salad Fresh Vegetable Choice of Fruit Assorted low fat Milk	<b>26 Half Day Breakfast Only</b>	
<b>29 Memorial Day</b>  <b>No School</b>	<b>30 Chicken Tenders</b> Potato Smiles Dinner Roll Steamed Broccoli Variety of Fruit Assorted low fat Milk	<b>31 Mozz. Sticks Tomato Sauce</b> Garlic Bread Stick Fresh Vegetable Variety of Fruit Assorted low fat Milk			
Nutrition Program Dir.:Ms.H.Buchholtz,860-848-3658	<b>Menu subject to change</b>		Email: <a href="mailto:hbuchholtz@montvilleschools.org">hbuchholtz@montvilleschools.org</a>		
This institution is an equal opportunity provider.		<b>*2 vegs.+1 fruit!</b>	<b>PLEASE TAKE 1 FRUIT &amp;/or VEGETABLE</b>		

