

MONTVILLE ELEMENTARY SCHOOLS

MENU: MAY 2017

PUSH IN YOUR I.D.# or SWIPE Your ID CARD. Pay or Prepay at www.mypaymentsplus.com

BREAKFAST before class: student rate \$1.50 or \$0.30 Reduced Rate or Free

BREAKFAST MENU: Juice &/or Fruit with Bagel or Breakfast Bun or Cereal&Crackers + Milk

Lunch:Take 3,4,5 foods:PROTEIN,GRAIN,MILK+at least 1 SERVING Vegetable &/or Fruit*

State Certified Healthy snacks&drinks:Water Bottle,Juice,Frozen Treat or Snack Bag=\$1. Milk=\$.50 or **ADULT MEAL\$4**

STUDENT Meal: \$2.60 \$.40 reduced or free *Prepay or Pay		DAILY: "Yogurt&Fruit+";PB&J Super Sack or CHEF SALAD; all w/protein, grain, veggies, fruit &			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Egg, Cheese +/- Ham Slice on Bagel Hash Browns, Mango- Wango Juice, Milk Sorbet or Applesauce *Mrs.Spurgas Class	2 BBQChicken on a Cibatta Roll Cole Slaw Golden Corn Variety of Fruit Assorted low fat Milk	3 Meatball Grinder Spinach Salad Smile Fries Fresh Fruit Salad Milk. *Miss A & Mrs. Weisberg's Class	4 Have it your way! Soft Taco: Chicken, Beef,Cheese,Lettuce or Tomato, Salsa, Rice Watermelon Salad,Milk *Mrs.Spurgas Class	5 Cheese or Pepperoni Pizza Hummus & Carrots Fresh Vegetable Variety of Fruit Assorted low fat Milk	
8 French Toast Stix Fruited Yogurt Hash Browns Veg. Juice, Fresh Veg. Strawberries Assorted low fat Milk	9 Chicken Patty Wholegrain Roll w/wo Lettuce & Tomato Steamed Carrots Variety of Fruit Assorted low fat Milk	10 Pasta w/wo Meatsauce Cornbread, Celery Watermelon Assorted low fat Milk *Mrs.Rhode's Class	11 Ham or Tuna Grinder, Pot.Chips Lettuce&Tomato Fresh Veggies Frozen Fruit Sorbet Assorted low fat Milk	12 Cheese Pizza Romaine Salad Fresh Vegetable Variety of Fruit Assorted low fat Milk	
15 Grilled Cheese Sandwich Tomato Soup Fresh Veggies Variety of Fruit Assorted low fat Milk	15 Chicken Nuggets Potato Tots Dinner Roll Roast Squash,Fresh Veg Variety of Fruit Assorted low fat Milk	16 Pancakes Sausage Patties Hash Browns Mango Wango Juice Strawberries&Topping Assorted low fat Milk	17 Hot Dog on a Whole Grain Bun Baked Beans Golden Corn Variety of Fruit&Juice Assorted low fat Milk	18 Cheese or Pepperoni Pizza Mixed Greens Salad Fresh Vegetable Lime Sorbet Assorted low fat Milk	
22 Mozz. Sticks Marinara Sauce Whole Grain Bread Stick Broccoli, Fresh Veg. Variety of Fruit Assorted low fat Milk	23 Taco Tues: Hard or Soft Beef, Lettuce Tomato, Brown Rice Fresh Carrots, Milk Apples w/Cinnamon * Ms.Christensen's class	24Burger +/-Cheese Whole Grain Roll Oven Fries Cucumber Coins, Milk Applesauce+/-Cinn. *Mrs.Rhode's Class	25 Ham or Turkey Grinder, Pot.Chips Lettuce&Tomato Fresh Veggies Frozen Fruit Sorbet Assorted low fat Milk	26 Half Day: SDD Cheese Pizza Hummus & Carrots Garden Salad Variety of Fresh Fruit Assorted low fat Milk	
29 Memorial Day No School	30 Popcorn Chicken Mashed Potatoes Dinner Roll Steamed Broccoli Variety of Fruit Assorted low fat Milk	31 Mozz. Sticks w/wo Tomato Sauce Whole Grain Bread Stick Carrot Coins Variety of Fruit Assorted low fat Milk	Pay for breakfast or lunch with cash, check or on line at www. mypaymentsplus.com	*Thank you to students for their class menu made with the Nutrition Program Director.	
Nutrition Program Dir.:Ms.H.Buchholtz,860-848-3658		Menu subject to change		Email: hbuchholtz@montvilleschools.org	
This institution is an equal opportunity provider.		*2 vegs.+1 fruit!		PLEASE TAKE 1 FRUIT &/or VEGETABLE	