

Monday

Tuesday

Wednesday

Thursday

Friday

4
Whole Grain Cereal
Whole Grain Muffin
Strawberry Cups
Low Fat – Fat Free Milk

5
WG Blueberry
Crumb Cake
Diced Peaches
100% Fruit Juice
Low Fat – Fat Free Milk

6
WG French
Toast Sticks
Applesauce
Low Fat – Fat Free Milk

7
Chicken Sausage, Egg & Cheese
on a WG Croissant
Fresh Mac Apple
100% Fruit Juice
Low Fat – Fat Free Milk

8
Whole Grain Bagel
w/Cream Cheese
Fruit Cocktail Cup
100% Fruit Juice
Low Fat – Fat Free Milk

11
Whole Grain Cereal
Non-Fat Yogurt
Diced Pears
100% Fruit Juice
Low Fat – Fat Free Milk

12
Fresh Baked Cinnamon Chip WG Muffin
Fresh Orange
Dragon Juice
Low Fat – Fat Free Milk

13
Egg & Cheese on a
Croissant
Diced Peaches
Low Fat – Fat Free Milk

14
Whole Grain
Mini Pancakes
Fresh Banana
Low Fat – Fat Free Milk

15
Whole Grain Cereal
Whole Grain Muffin
Strawberry Cup
Low Fat – Fat Free Milk

18
Whole Grain Cereal
Whole Grain Muffin
Diced Peaches
Low Fat – Fat Free Milk

19
Whole Grain
French Toast Sticks
Applesauce
Low Fat – Fat Free Milk

20
Ham, Egg & Cheese
on a Croissant
Diced Pears
100% Fruit Juice
Low Fat – Fat Free Milk

21
Whole Grain Apple Roll
Non-Fat Yogurt
Diced Pineapple
100% Fruit Juice
Low Fat – Fat Free Milk

22
Whole Grain Bagel
w/Cream Cheese
Fresh Orange
Low Fat – Fat Free Milk

25
NO SCHOOL
CHRISTMAS DAY

26
NO SCHOOL
HOLIDAY BREAK

27
NO SCHOOL
HOLIDAY BREAK

28
NO SCHOOL
HOLIDAY BREAK

29
NO SCHOOL
HOLIDAY BREAK

FULL PRICE \$1.75

REDUCED PRICE \$.30

ALL MEALS INCLUDE ASSORTED FRUIT
FRESH FAT FREE FLAVORED OR LOW FAT MILK

MENUS SUBJECT TO LAST MINUTE CHANGE

TO PAY MEALS ON LINE – GO TO: MYPAYMENTSPLUS.COM

