

Monday

Tuesday

Wednesday

Thursday

Friday

1

Whole Grain
Mini Waffles
Fresh Banana
Low Fat – Fat Free Milk

4

Whole Grain Cereal
Whole Grain Muffin
Strawberry Cups
Low Fat – Fat Free Milk

5

WG Blueberry
Crumb Cake
Diced Peaches
100% Fruit Juice
Low Fat – Fat Free Milk

6

WG French
Toast Sticks
Applesauce
Low Fat – Fat Free Milk

7

Chicken Sausage, Egg & Cheese
on a WG Croissant
Fresh Mac Apple
100% Fruit Juice
Low Fat – Fat Free Milk

8

Whole Grain Bagel w/Cream Cheese
Fruit Cocktail Cup
100% Fruit Juice
Low Fat – Fat Free Milk

11

Whole Grain Cereal
Non-Fat Yogurt
Diced Pears
100% Fruit Juice
Low Fat – Fat Free Milk

12

Fresh Baked Cinnamon Chip WG Muffin
Fresh Orange
Dragon Juice
Low Fat – Fat Free Milk

13

Egg & Cheese on a
Croissant
Diced Peaches
Low Fat – Fat Free Milk

14

Whole Grain
Mini Pancakes
Fresh Banana
Low Fat – Fat Free Milk

15

Whole Grain Cereal
Whole Grain Muffin
Strawberry Cup
Low Fat – Fat Free Milk

18

Whole Grain Cereal
Whole Grain Muffin
Diced Peaches
Low Fat – Fat Free Milk

19

Whole Grain
French Toast Sticks
Applesauce
Low Fat – Fat Free Milk

20

Ham, Egg & Cheese
on a Croissant
Diced Pears
100% Fruit Juice
Low Fat – Fat Free Milk

21

Whole Grain Apple Roll
Non-Fat Yogurt
Diced Pineapple
100% Fruit Juice
Low Fat – Fat Free Milk

22

Whole Grain Bagel
w/Cream Cheese
Fresh Orange
Low Fat – Fat Free Milk

25

NO SCHOOL
CHRISTMAS DAY

26

NO SCHOOL
HOLIDAY BREAK

27

NO SCHOOL
HOLIDAY BREAK

28

NO SCHOOL
HOLIDAY BREAK

29

NO SCHOOL
HOLIDAY BREAK

FULL PRICE \$1.50

REDUCED PRICE \$.30

ALL MEALS INCLUDE ASSORTED FRUIT

FRESH FAT FREE FLAVORED OR LOW FAT MILK

MENUS SUBJECT TO LAST MINUTE CHANGE

TO PAY MEALS ON LINE – GO TO: MYPAYMENTSPLUS.COM

